



 **BRASS BELL**
MUSIC STORE

MUSICIAN PRACTICE LOG

Perfect Practicing

Lesson attendance is important, but good practice is key to making sure the student is making good progress as a musician. Here is a list of our suggestions for productive practice...

Practice Slowly! - Set that metronome at a S-L-O-W tempo and play the piece until it is in your fingers. Then, very gradually bring the tempo up.

Practice Attentively - The goal of practice is to be efficient and to eventually get the piece right the first time. Muscle memory is a real and wonderful thing, but correcting muscle memory mistakes takes three times as long as learning the right pitches the first time.

Mark the Music - Make your own markings, but remember ... pencil only!

Read the Markings - Before even putting your fingers on the instrument, open the music and review the markings from the lesson or previous practice sessions.

Practice In Small Sections - If playing a large piece, find smaller chunks to practice separately and then piece them together.

Backwards Practice - Start from the end of a difficult passage, then gradually add more material from the front until the whole phrase is down.

Speak Out Loud - As you play, speak the rhythm, pitches, articulation, or anything else that's proving difficult out loud. This will require you to pay close attention to the difficult parts of a piece and cement them in your mind.

Have A Journal - Keeping track of your practice will focus future practice sessions and lessons.

Listen To The Piece - This serves as great motivation. It also helps form performance ideas.

Quality Over Quantity - Effective practice is more valuable than lots of ineffective practice.

Make It Routine - Life can get crazy, so if you miss a few days, that's okay! Just remember that consistency is what's going to do it... so shoot for seven days, even if you can only do your scales.

*We hope you use these tips to help you on your musical journey.
Good luck and happy playing!*

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